



# Guidelines for posts via the 'FIND A SOURCE' service

## What we **DO** publish:

Posts by journalists, bloggers (of established blogs) and writers seeking sources to interview, quote or contribute to a story to be published in general and/or online media or publications.

## What we **DON'T** publish:

1. Posts by students or for university assignments.
2. Posts seeking participants for surveys, research, competitions or to attend events.
3. Posts seeking articles or contributions of 350+ words.
4. Posts for speakers, staff, consultants, photographers etc or venues for hire.
5. Posts for product samples for reviews where the product is not returned.  
(These types of posts are only accepted via the '**Find Giveaways**' service.)
6. Posts from PRs for sources for media pitches. (These types of posts are only accepted via the '**Find a Case Study**' service.)
7. Press releases and promotional messages.
8. Duplicate posts.

*We won't always notify you if your post is ineligible to be published.*